

How To

DATE

Any Girl



Contents

YOUR GIVE-AWAY RIGHTS

WHAT DO WOMEN WANT?

ATTRACTION IS BIOLOGICAL

BECOMING MORE ATTRACTIVE

WHERE TO MEET WOMEN

HOW TO MEET WOMEN

FINAL WORDS

WATCH THE VIDEO

YOU HAVE GIVE-AWAY RIGHTS!

PARTNERS EDITION

WSBN: 44-019-8

First Published 2012

Updated: July 2019

This book may be freely shared with anyone you know. You may not change it, but you may give it away from any web properties that you own such as your blog, website etc., and you may share it on social media.

Disclosure: readers should understand that the distributor of this work may have an affiliate relationship with companies referenced herein and may therefore receive compensation when products or services are purchased.

If you would like to learn how to make money by giving our books away, please [see here](#).

Copyright © 2012-19 White Dove Books

All Rights Reserved

What Do Women Want?

If you want to be able to date any girl, no matter how attractive she is, you need to know what drives her; what her underlying motives are. In addition, you need to stop worrying about any of it making sense. It is never going to make sense to us because we see things differently. But, if you know what her buttons are then you will be able to play sweet music that she won't be able to resist.

Now, don't take any of this the wrong way because many women have no conscious idea of what drives them or what their motives are either; it's just the way nature has wired them. But, remember that knowledge is power and when we learn what drives women, then it is quite possible for you to become irresistible, to women. Don't believe me? Well, I don't blame you, but it's perfectly true.

So, what do women want?

It is a question that has baffled men since the beginning of time and we men are not much closer to understanding women now than we were when we huddled around an open fire every night and lived in caves. But there is one thing we have learned – scientifically – since those days. It is that women have completely different neurological 'wiring' within their brains. So, the fact is, we will probably never be able to understand them, at least on a logical level, which is how we men tend to approach almost everything.

Why are women so hard to decipher? Simply because we usually approach things from a man's point of view without understanding the basic premise that women think differently to men. What do we do when we get together for some fun? We definitely aren't sharing feelings - no, we drink, talk about the news, how our sports teams are getting on, and perhaps we might talk about girls, at least in all male company.

To women, our apparent obsession with sport might look like a form of competition by proxy. However, for us guys, it is what we care about and it is absolutely natural. When women get together, they share their feelings, they watch chick flicks and talk about the latest diet or article in Cosmo. You see, women are mainly driven by emotion. Just as we need logic and structure in our lives, they need emotion. Men thrive on competition, adrenaline, power, domination, while most women couldn't really care less about those things.

What They Say They Want

There's a big difference between what women say they want and what they actually respond to. You see, most women will say that they want a nice, dependable guy who will treat them right. That's all well and good but then why are so many women attracted to "bad boys"? Why do you see so many beautiful women dating complete and total jerks who have the bad boy image?

It's simply because what women say they want and what they *actually* want are two different things. What they say they want

has a lot to do with how they have been conditioned by society to think, while the type of guys they are actually attracted to is dictated by nature and their neurological 'wiring'. Generally, nature wins out over any societal norms.

So does this mean you have to become a bad boy to be attractive to women? Yes and no. Confusing, I know, but there it is. What you need to understand is that women are actually attracted to strong, confident men and definitely not to "nice guys" who do everything but lick the floor they walk on. Take a look at those romance novels that women love so much. Pick up any of the popular ones and try to find one where the guy is "nice."

Good luck with that little assignment. You would be looking forever if you were to take it on, because most of the men in these romance novels are tough, strong and powerful. In most cases, they start off as being downright jerks even if they come around by the end. And guess what? Women adore those books for a reason. Could it perhaps be because they are hoping to meet a *similar* man and these novels give them a chance to dream?

If you answered *yes*, then there is hope for you!

Unfortunately, society seems to have emasculated men over the past few decades and there was a point where men were expected to be even more sensitive than women. The problem is that while women liked these men, they were only really interested in them as friends. The good news for us is that it's

actually okay to be a man, especially since that is what women are looking for.

Attraction is Biological

The first thing we need to look at is the idea of attraction. You see, attraction will determine whether or not you get a date. The good news, though, is that women are more attracted to personality than they are to looks. While looks do play a role, if you have the right personality traits, women will still be attracted to you even if you aren't a Brad Pitt lookalike. So, perhaps now you might be beginning to see how you really can become irresistible to women.

If your reason for not asking out that beautiful girl, until now, has been that you aren't rich, famous or that you don't look like Brad, then you need to realize that it's only an excuse. While women may be attracted to the rich and famous, personality always wins out, and if you have the confidence and sense of humor that women love, then you will win every time, irrespective of the size of your bank account (or anything else).

The even better news is that these things women are attracted to can be learned, meaning that you can actually make yourself *more* attractive to women by cultivating the type of personality they are attracted to. If you are sputtering and mumbling that you shouldn't have to change for a woman to be attracted to you, and that she should like you for who you are, then wake up and smell the coffee, because it's very smart to be prepared to change in order to get what we want in life.

We are all changing throughout our lives and we have two choices: we either let life mold us, or we take control of our own lives and where we are going.

Just remember that attraction isn't a choice, for men or women. It's not like a woman will see a guy, size him up checking all his qualities, and suddenly decide "I choose to be attracted to him because he is stable, dependent and has a good job." It simply doesn't work that way, and if it did, you certainly wouldn't need to read this book.

Attraction is biological!

We know what women are attracted to and our job, if we want to become more attractive to them, is to work on ourselves.

If she isn't attracted to you after the first date, all is not lost because lots of romances (in those books they read) start off exactly that way. The male usually gets it all wrong at the start, but somewhere along the line, the female begins to see that man in a different light. She eventually comes to appreciate his confident smile, she sees the glint in his eyes, understands his sense of humour, and finally, she begins to see the hero in him.

Becoming More Attractive

The problem with most men is that when they are around attractive women, they feel the need to gain their approval by being overly nice, courteous and so on. The problem is that this puts her in the position to lead and if she is leading she will never feel that spark of attraction for you. We know that women are attracted to strong and confident men and a strong guy will never allow a woman to lead. Oddly enough, the best way to spark that fire of attraction is to *not* need her approval about anything, and to show her as much.

The trick is to make her work just a little to get *your* attention rather than the other way around. This will unbalance her cool and aloof approach to men, simply because you are doing something unexpected and out of the ordinary. Believe me, she will be hard pressed not to at least be curious about you. The more it appears that you don't need her approval, the more confident you appear and *confidence* is very attractive to both women and men – but particularly, to women.

Quite simply, the more confident you can be, in every situation, the more attractive you will become to women. But do remember that there is a fine line between confidence and arrogance. While arrogance may still be appealing to a certain degree – that is after all, a part of what it is to be a 'bad boy' - too much of it will make you look like a total jerk.

The Excuse

Most guys who fail with women have some kind of an excuse for it, but most of the time that excuse is simply in their heads. You see, the main reason a lot of guys fail is because of the way they *think* which, of course, impacts their behavior. For example, if you think that you will never have a chance of dating a really attractive woman, then your actions will be in line with those thoughts. You will give-off a 'scared' vibe and you probably even won't even dare to approach the woman.

On the other hand, the more confident you are in your abilities to charm and attract a woman, the stronger you will appear and the more attractive you will be. Most of the time the shortcomings we imagine that we have, stop us from acting. They are so deeply ingrained in our psyche that we don't even realize we have them. The best way for you to overcome this problem is, first, with a little soul searching.

You have to identify what the excuse is that has been holding *you* back so that you can deal with it, and you need to educate yourself about women, so you know what sparks that feeling of attraction. You see, as soon as you come to understand exactly what women desire, then you will be able to project an aura of strength that they will indeed find absolutely irresistible. Every woman has a little girl inside of her, longing to be protected and cared for, and that little girl is the one who will have the final word.

If you begin to understand that little girl and speak to her, showing her that you are in control of every aspect of your life, then women will be attracted to you like a moth to flame.

You absolutely need to accept the fact that you can improve and it is within your power to become more attractive to women. Forget the excuses that nature hasn't endowed you with Apollo's beauty or that you can't compete because you aren't running a Fortune 500 company. If that's what you think, you need to stop the self-pity and start understanding, once and for all that, if you can make a woman feel good, you will most certainly become desirable to her.

A confident male, with a good sense of humour will always win out over any stud with a Ferrari if that person has the personality of a wet rag.

Nice Guys vs Bad Boys

One of the biggest pet peeves nice guys have is that the bad boys always get the girl - why?

Well, while you are trying to wine and dine her, and basically kiss her backside and treat her with kid gloves so as not to upset her, in comes the bad boy who couldn't really care less what she thinks about him, or what anyone thinks for that matter. They project an aura of danger and power that women are attracted to, simply because they don't seem to care what anyone else thinks, and it appears as if they are in control.

Women love strong men and most bad boys ooze this strength which is why women fall head over heels for them. The problem is that some of these guys turn out to be abusive jerks later on in the relationship. Yet you still hear some of the most beautiful women say they love them and can't give them up, even after these guys have beaten-up on them.

On the other hand, you have the 'nice guy' who can come across as being kind-of dishonest as they put aside their own wants and needs in order to please the woman. Since women are quite adept at picking up on the slightest things, she may think the guy is being nice simply because he wants something from her, or perhaps because he isn't comfortable with who he is. So, he is perceived as either a manipulator or a wimp, neither of which women find attractive.

Now, imagine that you could take the best of what the 'bad boys' offer and combine that with your own sense of decency. If you could learn to project that same 'bad boy' sense of confidence and power, whilst never allowing yourself to become abusive or controlling, you would, essentially, be the perfect guy. And, the best thing is that you *can* learn to exude that same aura of confidence and power. You just need to believe that you can, and be willing to work on building-up your confidence levels.

Personality Traits Women Find Irresistible

There are certain personality traits that you can cultivate which women find completely irresistible. The thing is that women

will be attracted and stay attracted to a man who can make her feel good when she is with him or is thinking of him. This means that your personality is your most powerful asset because you can use it to make them feel good.

As we have already discussed, one thing that women love is a man with a sense of humor. The more you can make a woman laugh, the more she will want to spend time with you. Similarly, women are attracted to intelligent men, especially those who know how to use that intelligence to surprise and engage her.

Related to intelligence, education is another very powerful weapon you can use because women love to hear stories about people and places. If you are knowledgeable, not only will you always have topics to talk about, but it will be something interesting that engages her, rather than the same old 'boring' topics that most guys seem to want to talk to her about.

Along with confidence, women are also attracted to dominant men, even if they don't realize it. Quite simply, women have been biologically hardwired to seek the protection of a male and the more dominant a man is, the better chance he has, it seems, of protecting her. But, don't make the mistake of confusing dominance with being control. You need to *dominate* the situations in your life, rather than trying to *control* her and thereby take away her individuality.

Men who are thoughtful are also very attractive to women. You see, women aren't overjoyed when they receive a gift because of the *gift* itself, but because it is proof that you were thinking

of them. The gift is merely a symbol. In fact, *any* display that shows you were thinking about her will make her feel good; perhaps surprisingly, even if it were to tell her you weren't happy that she went out with another guy for lunch.

If you want to really impress a woman, then you need to learn to notice details. You see, women spend a lot of time making sure they look good, so if she has a nice hairdo, it wasn't an accident. She isn't wearing that hot dress because the wardrobe fell on her either. She is trying to impress *you* and if you notice these details, she will be extremely impressed that you noticed.

As we have already mentioned, women love a man who is *confident* and even a little *aggressive* or *cocky*. But not in the sense that they won't take 'no' for an answer. No, the type of aggression that women find attractive is exhibited by those who know what they want in life, they go after it with everything they have, and won't stop until they achieve their goal. Again, don't confuse this with being *arrogant*.

The right attitude is having plenty of self-confidence, perhaps a little cockiness combined with a good sense of humour. Not taking yourself too seriously; in other words you are so confident that you can even laugh at yourself without feeling insecure. Being ready and prepared to take control when it is needed, but not someone who wants to control her. Add to this heady mix, a little worldly knowledge coupled with thoughtfulness, and you have a winning irresistibility formula that has the power to charm any woman.

Insecurity is the Biggest Turn Off

One of the biggest obstacles men can face is insecurity. This is the one thing that will render you completely unattractive to any woman. Women can detect insecurity and neediness immediately and there's nothing that will turn her off quite as much as an insecure guy. A man who doesn't feel comfortable in a certain situation or is uncomfortable with who he is will come across as being insecure. He may try to appear confident, but it is quite clear that is only an act because he is trying to gain approval at the same time through what he says or how he acts.

Some examples of insecure behavior include allowing others to make the decisions. So, if you are always waiting for her to decide what you will be doing, or where you will be going, she will think you are insecure. Women like it when men decide what is going to happen and then they simply do it. If she wants to do something else, she will tell you but don't always expect her to make the decisions. Another way you can come off as being insecure is if you are constantly arguing about everything. Even if you are right, it just makes you appear insecure that you have to argue with every little thing just to prove you are right.

You also want to avoid crowding a woman or being too touchy-feely, especially at the beginning. You need to be a little more laid back and let her become comfortable with you or she will think you are insecure. If you are constantly touching her she will either think you only want to get her into bed or that you are afraid she is going to run away.

Women and Sex

Let's get something straight. Women like sex just as much as men – though, I never thought this was true in my first marriage, by the way. Society may have made it a bit of a taboo topic, but the truth of the matter is that women enjoy sex and, yes, they talk about it with their girlfriends all the time. Okay, it's true that they may not be as fixated on it as men, but they still will find themselves magnetically drawn to a man who is a skillful lover.

Finding a man who knows how to please a woman in bed is not easy, as most guys can be quite selfish in this department. Women are different to men when it comes to sexual pleasure and their mind needs to be involved just as much as their body or there won't be any fireworks. Most guys just rush through it, without realizing that it takes much more than *wham, bam, thank you ma'am* to please a woman in bed.

The next paragraph is very important to your future success in the sex department!

You need to brand the word **foreplay** into your brain as if you were using some kind of neurological *red-hot poker* – that's why I've gone a bit mad with the bold typeface here. Because if you get the **foreplay** right, women won't be able to help themselves. You will end up having to beat them off with a stick. You need to understand that **foreplay** is more than sex; it's all the little details that will get her imagination fired up and wanting more. **Foreplay** is about well-placed touches when you

are out with her; it's about softly telling her what you would like to be doing with her, even though you are in public.

Foreplay is about setting the mood and building the anticipation. The more sexual tension and anticipation you build, the quicker she is going to melt in your arms.

Read it again!

Women pick up on tiny little things very quickly, because they are masters at reading body language. And a man who knows how to please a woman exudes a certain confidence that says 'I am going to rock your world' and women can pick up on that. By becoming a master at pleasing women, you will not only become more attractive to women, but you will also maintain that attraction. After all, a skilled lover is a rare commodity and they won't want to let you go.

Appearance

Yes, women are more attracted to personality rather than looks, but this doesn't mean that you shouldn't make yourself as presentable as possible. This is because women make a lot of decisions based on very small details. For example, if you are too casually dressed, then she will think you are simply too lazy to look after yourself and therefore will probably have an unkempt home and you would probably present too much work for her to be bothered with.

At the other end of the spectrum, if you overdo your appearance and look too 'put together', she will automatically think that you probably spend more time in front of the mirror

than she does and she doesn't want to date someone who is more interested in himself than in her. So, yes, getting the right balance is a little tricky, but as long as you look after yourself - and that includes losing the beer belly - you will find that more women will be attracted to you. All you have to do is pick up a magazine and see what's in fashion, spend a few dollars on some new clothes and away you go.

One thing is for sure, though. If you go around wearing a pair of jeans that have seen better days and you look nine months pregnant, you can be certain that attractive women will not give you a second glance. You see, it comes down to the fact that women generally take time to make themselves more attractive to men, and it does take a lot of time and work, so they expect a bit of the same consideration in return, which is only natural. So, if you really do want to be able to date any girl then you need to get your act together. Forget the bar every night and hit the gym. And don't start whining that you can never look like the muscle-bound studs that are on the cover of romance novels. No one expects that of you, but you *can* get yourself in shape, which will not only help you find more success with women but you'll also be healthier which means you'll have more years to enjoy life.

Why Should I Change?

Well, you don't have to change if you don't want to. No one is forcing you to do it. But you will have to think about whether it's worth the effort if you want to be able to date any girl, no matter how attractive she is. The thing is that we don't live in a

perfect world, so if you want her to like you for who you are, no matter how you look, then you are going to have a big problem.

Attractive women are approached by so many men that they need to use the outer appearance of a man to quickly decide whether or not he is worth her time. They judge the type of person you are, based on the image you present to the world, and they are be hard pressed to look beyond an overweight and ungroomed appearance and a complete lack of charm.

It's also a matter of self-respect. Do you have so little respect for yourself that you feel you aren't worth improving? Read a few books, get on the internet and learn a little about what's going on in the world, have a shower every day, get your hair trimmed, go to the gym and suddenly you will find that your confidence will skyrocket as well.

Fear of Failure

One of the biggest problems men have is that they may fail to take action because of the fear of failure. We are simply paralyzed by the fear of rejection so much that we would rather not take any action at all. The strange thing is that many men will walk into a high risk situation without a second thought, such as a fight, whereas they are paralyzed by the thought of talking to an attractive woman.

Think about it. In a fight you are definitely going to experience some physical pain. Yet we may be more afraid of approaching an attractive woman than we are of getting into a fight, even though the worst that can happen is that she will say *no*. But –

hey - what if you were to succeed? You won't succeed if you don't try; that's for sure. So don't allow the fear of rejection to hold you back once you have followed the tips in this guide.

Where to Meet Women

First, you have to decide on what type of woman you would like to date. But finding places to meet women is not as hard as you might think, especially if you start thinking a little outside the box. Basically, you need to go to the same places they go, and that doesn't mean just going down to the pub for a pint.

The idea is to simply sit down and think about where your ideal type of woman would be likely to hang out and then start going to those places. Women love the idea of 'accidentally' meeting a man in a normal but unexpected place. The grocery store, bookstore or mall are some good examples. You might want a woman who is into working out, so then you should join a gym. If you are looking for a party girl, then go to clubs. But, do also remember that there are lots of guys vying for female attention in settings like bars.

Of course, these days, dating online has become a big thing, and there is no reason you could not meet the ideal woman this way. Dating sites are just tools but they have both good and bad sides and some women – you know, without being sexist or anything – tend to get a fair bit of the bad. As a consequence, they have their radar tuned in and are all the time trying to filter out anybody they perceive as 'dodgy' in any way.

Of course, that's not you, but you know, you have to be aware of the perceived risks involved with a woman meeting a complete stranger on a first date. If you do decide to use online dating – and really, there's no reason you shouldn't – always do

what you can to make the woman feel comfortable and secure, especially on that first date. Arrange to meet somewhere like a coffee shop, so she gets to see you and chat to you in a safe environment.

Meet in the middle of the day, have a coffee, perhaps take a stroll in the park together afterwards. Be that confident, relaxed, groomed, erudite and funny version of yourself that you most certainly *can* be. Chat about whatever comes naturally and, at the end of the meeting, tell the girl that you enjoyed your meeting (whether you did or not) and give her a gentle peck on the cheek. You might then add that it would be nice to see her again if that's how you feel - and just leave it at that, for now. If things went well, she will soon let you know via the online dating site you used.

And who knows where that meeting might eventually lead?

How to Meet Women

Women can smell a pick-up line a mile away and they often don't really respond all that well to them. The problem is that while you might be a genuine guy who has been religiously studying his dating guide on how to pick up women, she will probably think that you are either a player, or just feeble minded. Smooth pick-up lines usually turn on the alarm bells for most women. Let's face it, she has probably already been told by fifty other guys how beautiful her eyes are, so it usually won't help the situation.

The key is to stand out from the crowd.

The first thing is, do not presume they have no idea what you are doing. Let me tell you that it's a game you will fail at if you really want to get a date, that is. Women are like predators when it comes to smelling your weaknesses and your intentions. They can smell what you want from a mile away because, as we discussed, they are masters at reading body language and you will give yourself away before you utter the first syllable, and then you are doomed to fail.

On the other hand, rather than trying to hide that you are attempting to pick her up, get great at it and you won't have to hide anymore. Remember, cocky confidence and humor are a powerful combination that you can use to your advantage.

Pick Up Lines

One of the biggest problems with pick up lines is that they are a clear sign of the fact that you are nervous. You see, the delivery is much more important than what you actually say. If you are cool, confident and collected you could recite the telephone book and she would still find you attractive. On the other hand if you stutter over a pre-rehearsed pick up line then you are clearly showing that you are nervous, which is not going to win you any points.

Do you remember in the movie *Back to the Future* when Marty tells his dad to use a pick-up line on Lorraine?

“Tell her that destiny has brought you together.”

His dad totally screws it up.

“Lorraine, my density has brought us together,” he says.

It works out okay for them in the end, of course, but not because of his appalling chat-up line.

Rather than starting off with some cheesy pick-up line, your chances increase tenfold if you engage her in an interesting topic, asking her opinion. This works really well if you ask her to offer her opinion on a controversial subject you are debating with a friend. One, she will be more likely to answer because women don't like to be rude for the sake of it, and it's a great way to draw her into a lengthier conversation which will allow her to see who you really are.

If you simply ask whether you can buy her a drink or not, she can just say 'no, thanks,' and she might also leave. Bear in mind that women will nearly always refuse a drink offered in this way, simply because they do not want to feel in any way indebted to someone they do not know. However, if you ask her opinion on some item in the news, because you have been debating it with your friend, you may spark her interest and she will be much more likely to stick around.

Phone Number or Email Address?

For some strange reason, most women seem to be more comfortable giving out their email address, than they are their phone number. And, in fact, email is a much better way to start off the conversation because they may also tend to become a little distant on the phone.

By using email she will be more comfortable with you as she will gain a little insight into how you think. She will also be pleased that you took the time to think about what you are going to say to her. Another great thing about email is that she will be more likely to answer an email because you are more likely to reach her that way, than by calling her. And, she can answer at any time, unlike when you call her, when she may be at work or in the middle of a meeting.

The secret to asking for a phone number or an email address is to use a little humour and confidence. For example, a great way to get an email address (providing you are getting on well, that is) is to ask her whether she has email or not. When she

answers *yes*, simply take out a piece of paper and pen and pass them to her, essentially taking her *yes* as an acceptance to give it to you – in selling, this is known as the *assumptive close*. You might be surprised how well this will work for you in all kinds of situations.

While she is writing, you might try to get her to write down her number as well, but generally, it is better to subsequently get her number via email. Since women see little risk in giving out their email, because being harassed by email is quite rare, you are usually better off exchanging a few emails first before asking for her number.

Final Words

Remember that if you want to be able to date any girl, no matter how attractive she is, then you need to cultivate the personality traits that *she* finds attractive. Even though some guys seem to be born with these traits, they can most certainly be learned. And since women are more attracted to a man's personality and how he makes her feel, than his looks, there is really no obstacle in your path other than yourself.

If you learn to eliminate your self-limiting beliefs, your confidence will grow, which will make you much more attractive to women. A woman will go out with an average-looking guy that has a mediocre financial situation in a heartbeat over a rich, great looking guy if the *former* makes her feel wonderful while the *latter* acts like a jerk.

Remember, the only thing standing between you and success with women is *you*. Now that you know how to become more attractive to women, my friend, it is all up to you. You have the knowledge and you have the ability to succeed. If you will follow through on the things we have discussed, you will find that **nothing** can stand in your way.

Watch the Video

Thanks for reading! I hope you enjoyed the book. We also have a *free* video you are sure to enjoy watching too ...



[WATCH THE VIDEO](#)

In the video, Mark explains how he became much more attractive to women, and how you can too

Disclosure: please note that should you choose to make a purchase, the distributor of this work may receive a commission. However, this does not involve any additional cost to you. Thank you for your support!

A Coffee-Time Read

Copyright © White Dove Books