

Life Lessons

This eBook is a printable version of an Expert Author Blog at [White Dove Books](#)

You may freely distribute this eBook provided you do NOT change the content in any way.

When I Forgive Others

When I forgive others, I am healed. I forgive others in order to release myself from the bondage of past hurts. I choose to forgive so I can move forward with a clean soul. Forgiving helps me to release memories and hurts that hold me back. Forgiveness can bring astonishing good out of unbelievably bad situations. Choosing to pardon an offense puts me in control of my emotions. I gain freedom by exercising the control that comes from choosing to forgive.

I forgive others so I can be free from negativity. Forgiveness helps me enjoy true peace and joy that bubbles out of my life. When I forgive others I am free from bitterness.

Even when I forgive others, I allow natural consequences to occur. Forgiveness does not excuse behaviors; it simply sets me free from hurt and anger. It is easier to forgive than to hold a grudge.

I forgive because I have the strength to forgive. I am free to let go, to show mercy, and to mend relationships through one simple, yet powerful act.

When I forgive others, I find it easier to forgive myself. I feel secure and worthy when I accept forgiveness. I am healed when I accept the imperfections of others as well as my own.

Today, I choose to put the past behind me and forgive. I enjoy a healed and whole spirit, ready to embrace the new and exciting experiences ahead of me. Past wounds and scars fade away as I release myself from old grudges and embrace forgiveness.

Self-Reflection Questions:

1. Who do I need to forgive?
2. How can forgiveness free my mind?
3. What are the benefits of forgiving others and myself?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

When I Am Focused

When I am focused, I am unstoppable. I am like an unstoppable machine on a mission to succeed. I charge ahead with my goals clearly in view. I do whatever needs to be done in order to complete my tasks with excellence.

I rid myself from distractions by placing myself in situations where I know I am able to stay on task. I make good use of my time by keeping track of my schedule.

In order to avoid last minute emergencies that may take my focus away from my work, I make detailed plans ahead of time. Planning ahead helps me to manage my time wisely and feel better prepared for emergencies.

When I set goals, I stick to them. I am a force to be reckoned with when I keep my goals in sight. Ideas flow from me like water from a fountain.

When I get in my zone, I am creative and inspiring. I exceed the expectations of all those around me. I am proud of the quality of work I complete when I devote my full attention to it.

I place myself at an advantage by preparing my body, mind, and soul for success. I eat healthy foods, exercise, meditate, and read so I can concentrate effectively. I understand that, in order to be able to focus, my body has to be filled with the right fuel.

Today, the passion I have for my work keeps me focused on my goals. The quality of my work is unparalleled. I am unstoppable because I choose to focus all of my attention on the task at hand.

Self-Reflection Questions:

1. How can I eliminate distractions?
2. How can I set myself up for success today?
3. What keeps me focused on my goals?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Wealth is Abundant

Wealth is abundant in my life. I am rich in every area of my life. My relationships and my career are overflowing with

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

accomplishments. I am wealthy because I have a surplus of things that bring me joy.

The reserves of my soul are filled to capacity with the things I value. I enjoy an overabundance of love, acceptance, forgiveness, health, and security in my life. I measure my wealth by counting my many blessings.

There is no shortage of blessings in my life because I work hard to position myself on the way to victory. When I purposefully pursue spiritual wealth, material prosperity follows me like a shadow wherever I go.

My friends and family enrich my life with their love. Feeling loved and accepted by my family makes me rich. I value the people in my life because I count relationships as one of life's greatest treasures.

I am wealthy in my business and career because I am meticulous in my plans. I seek the council of the wise and I plan ahead carefully. When I take risks in the business world, they pay off in financial gains.

I am confident that the decisions that I make today are driving me forward toward even more wealth and success. Wisdom guides me to make choices that bring me closer to triumph. I obtain wealth by acquiring knowledge.

Today, I am thankful for the wealth that I possess and I look ahead to gaining even more wealth through wisdom, relationships and business. I envision myself wealthy in every area of my life and work toward that reality.

Self-Reflection Questions:

1. What is most precious to me?
2. How can I increase my wealth?
3. What can I do today to position myself toward wealth?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

True Beauty

True beauty is found within me. It goes beyond superficial appearances and into the heart. My heart is filled with an incomparable beauty that radiates through my personality. I share my beauty with others by the way I make them feel when they are around me.

My most beautiful trait is the sincere smile that enhances my face. Each day I make it a point to smile genuinely at everyone I come into contact with. An honest smile dissipates the dark clouds of pessimism like a ray of sunshine on a gloomy day.

Grace and kindness adorn my head like sparkling jewels in a crown. My inner light, reflected through my actions, shines brightly all around me. My face glows with beauty when I

prefer others before myself and go out of my way to make others feel valued.

I keep my thoughts beautiful by examining them daily and making sure that negativity is absent from my mind. I replace criticism and judgment with compassion and mercy. I choose my words wisely, speaking only truth in love and refraining from resentment.

My easygoing attitude brings peace like a fresh summer breeze blowing softly through my hair. I desire to bring harmony to all situations; therefore I carry myself with dignity and respect. I have the ability to love others for who they are and I receive love in return.

Today, I choose to infuse beauty into my world through an uplifting personality. I make myself more beautiful by letting go of negativity and focusing my mind on things of virtue.

Self-Reflection Questions:

1. What is my most beautiful trait?
2. Do I go out of my way to make others feel valued?
3. How can I make my inner beauty more evident?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

My Courage is Bold Enough

My courage is bold enough to cross any river. When life seems like a never-ending stream of work and responsibilities, I board the boat of tranquility and enjoy the ride. Even when navigating through rough waters, with courage as my sail, I am able to get across any obstacle.

Fear is absent from my journey because my bold spirit is stronger than the force of worry. Peace is the anchor that holds my life in place. I am organized and I have a plan of action, which keeps me calm when faced with a storm.

I cross the storms in front of me free from hesitation because I am secure in my ability to navigate through storms with ease. I have the necessary tools to keep my life afloat. My skills, accompanied by a strong support group, keep me above water.

The knowledge that I am not alone propels me to take even more risks. I am certain that my steps are ordered by my Creator and I will not be forsaken. My family and my friends are also there for me no matter what happens along the way.

Even when others refuse to get in the water, I dare to take risks because I believe the end result is worth it. The new adventures that I will enjoy by diving in will far outweigh the regrets I would have if I didn't take the risk.

Today, I am taking chances and stepping in the water with confidence. I sail though the storms of this day with courage

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

and boldness, convinced that my vessel will safely reach the other side.

Self-Reflection Questions:

1. What anchors are present in my life?
2. Who is supporting me through my journey?
3. What chances can I take today?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

My Wisdom

My wisdom grows each day. Every day I learn something new from a diverse array of sources. My wisdom grows when I open myself up to the lessons all around me. The world is my classroom and each person I come into contact with has the potential to be my teacher.

When I remove pride and prejudice from my mind, I allow myself to learn freely from the youngest infant to the most seasoned adult. I give myself the gift of understanding when I accept the knowledge that can be found in the most unusual places.

I grow in wisdom and understanding when I humble myself with the thought that I cannot possibly know everything. Accepting this fact lightens my load and helps me to actively seek more knowledge. I am a life long learner and a student of life.

My life's lessons have made me well prepared for what I may encounter in the future. I make wiser decisions each day based on the knowledge that I have attained through experience.

I choose to live my life with my head held high, no matter what mistakes I've made. The mistakes of my past are in my past and I have learned from them.

Today, I allow myself to learn from the most unexpected teachers in order to grow in wisdom and understanding. I choose to treasure the lessons of today to make better choices tomorrow and to freely share my knowledge with future generations.

Self-Reflection Questions:

1. What can I learn today?
2. Who can I learn from today?
3. What have I learned from the mistakes in my past?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

My Spirit

My spirit flourishes with excitement for newfound meaning and purpose. Today is the beginning of the rest of my life. I am looking forward to the future with excitement because I know my purpose in life. When I seek wisdom and find meaning, I get energized about what is to come.

I look forward to the new adventures that lie ahead of me. My spirit is at peace about the future because each day I am gaining a clearer understanding of the reason for which I have been created. My life is filled with promise; therefore I give my best to all I do.

I seek wisdom and meaning in order to reignite my passion for life. When I redefine who I am based on new knowledge I gain about myself, I increase my significance and my relevance to the world.

Each time a piece of my life's purpose is revealed to me, I swell with joy, eager to live another day. I look forward to making my mark on the world one day at a time. I flourish like a beautiful flower when I am fulfilling my purpose in life.

Knowing my meaning and purpose helps me to know my worth. I have a healthy level of self-confidence when I understand my purpose. I am happy to be myself and I am free from the pressure to be somebody else. I have a calling and a plan chosen for me by my Creator.

Today, I choose to be excited about the rest of my life. I live life to the fullest and make an impact on those around me because I know that my life matters.

Self-Reflection Questions:

1. What is the meaning of my life?
2. What is the legacy I want to leave behind?
3. What excites me today?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

My Fears

My fears are smaller than my feats. When faced with a new adventure, I dare to venture forward with a positive attitude. I choose to focus on my strengths in order to drown out the voice of fear. Peace follows me in every step I take. There is nothing that I will ever face that I do not already possess the strength to overcome.

When I look back at my life's story, I am encouraged by my achievements. My past accomplishments help me to look forward to the future with great excitement. I am certain that I am capable of success because I have already proven it to myself. I work with confidence because I am aware of my potential.

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

My mind is a garden where encouraging thoughts flourish. I ignore negative voices that try to speak to my mind and I remind myself of how strong I am. The truth I know about myself is more important than what others may think about me.

My faith helps me to be brave against uncertainty. There is a hope that lives inside of me that believes all things will work out in the end. I walk with confidence because I know that my destiny is being fulfilled.

Every day that I cover myself in determination, I am amazed by how far I can rise when I only listen to the voice of truth. As my dreams begin to take flight, I see my fears becoming smaller and smaller. The further up I go, the more miniscule my worries appear. Today, I am certain of my success because there is nothing greater than my passion.

Self-Reflection Questions:

1. What past accomplishment am I most proud of?
2. When was the last time I was faced with a wall but was able to make it through?
3. Am I listening to the voice of truth or the voice of negativity?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Interior Freedom

Nothing can stir my interior freedom. When fear and self-doubt approach me, I block them out of my mind with positive thoughts. Peace surrounds my mind like a safety barricade, allowing only pleasant thoughts to come in.

Like a soldier, I have fought in the battle of the mind and won peace for my soul. I have peace deep within my heart, which remains intact even in the face of trials. My mind is empowered when I choose to focus my attention on positive memories instead of giving in to fear.

I am still because I know that I have a calling, a hope, and a future that I have yet to see. I am certain that there is a plan for my life that is bigger than any obstacle I may face.

I have confidence in my abilities and in my knowledge because I have been created for a great purpose. Loving and accepting the person that I am helps me feel free to believe in myself. Accepting others just the way they are gives me the freedom to be myself.

My friends and family help me to be steadfast by believing in me and showing me their support. Nothing can stir my interior freedom because I know that I am not alone. I have a loving support group that surrounds me and keeps me safe.

Today, I choose tranquility starting within my soul and stretching out to all those around me.

Self-Reflection Questions:

1. What kinds of thoughts am I allowing in my mind?
2. Do I accept others as they are?
3. How can I protect my mind from negative thoughts?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

My Life

My life is precious and meaningful. I love my life! I love everything about my life because I choose to look through optimistic eyes. I find ways to infuse joy to those around me in every situation. Even when life seems to be monotonous, I uncover ways to break out of old ruts and create new paths.

Every day, I look for fresh ways to enjoy life. I seek adventure like a pirate seeks treasure. I make the best of each day. I seize every opportunity to create adventure for myself, because I know that I only have one life to live.

My life counts. My life is significant. I have been created with passion and purpose; therefore I live passionately and purposefully. There are dreams that I can hardly wait to see fulfilled. I greet each day with excitement and expectation knowing that great things will come out of my life.

There are people who count on me. My friends and family make life worth living. Sharing life with others makes the journey more gratifying. Love, laughter, and the simple things I share with my loved ones are what make life great.

No one else could ever fill my place. I am a unique individual with talents and gifts that are important to the world. Out of more than 6 billion people who live in this world, there is only one me. There is only one person with my DNA and fingerprint. I can make a difference in the world.

Today, I choose to live as one who understands my value in this world.

Self-Reflection Questions:

1. What do I live for?
2. What makes me unique?
3. How can I make life more adventurous?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
CLICK HERE

Relationships

Relationships are my greatest treasures. They are far more important than riches. There is nothing in life more valuable than relationships. Possessions are temporary and passing, but relationships make life-changing marks on our hearts.

I choose to spend my time and money on the people I care about. When I receive an invitation to connect, I make the necessary arrangements to meet with my loved ones. Rearranging my schedule to make time for my loved ones is a sacrifice I am glad to make.

Daily, I seek to make long-lasting memories with my family. When we are together, I ignore small annoyances and focus on joy. My camera is always within arms reach so that I can capture memories to remember for generations to come. I forgive my loved ones quickly of any offenses because life is too short to waste on frivolous disputes.

Relationships are my safe haven from life's torrential rains. Good friends can turn even the toughest situation into an endurable adventure. My friends and I help each other laugh through the storms and relax during the calm because that is what we do.

It takes a lot of effort to maintain relationships; therefore I work hard to be a good friend. I have a tight grasp around those I love because life is full of distractions that can pull me apart from my friends, unless I make the conscious decision to hold on to them.

Today, I choose to make time to invest in my relationships. I stay in touch with old friends because a well-tended friendship has the ability to outlast all other things in life.

Self-Reflection Questions:

1. What can I do to strengthen my relationships?
2. Is there someone I have lost touch with that I should call today?
3. Do I forgive my loved ones quickly?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Smiling is Contagious

Before I leave home each morning, I flash an approving smile at my reflection in the mirror. That radiant smile is the last accessory I put on in order to complete my outfit. My smile adds an unspoken beauty to my look, regardless of the clothes I wear.

My face always looks brighter when I wear a smile. I love to smile because it makes me feel good inside. I choose to smile because I can start the chain reaction that will ultimately benefit me in the end.

My genuine smile causes others to smile back at me just like the reflection I see each morning in the mirror. The more I smile, the more others smile at me. The more other smile at me, the happier I feel. Smiling is a circle of positivity that cannot be broken.

Smiles cost nothing; they are my free gift to the world. Even when I feel like I have nothing left to give, I reach down and find the strength to smile at others. I get my body to communicate joy through physical expression and soon my emotions follow the lead of my actions.

I smile independently of what is going on in my life. I smile because it is a part of who I am, not just of a part of how I feel. My smile characterizes me as the pleasant person that I set out to be each day.

Today, I am determined to smile regardless of what is going on in my life. I smile selflessly because others need me to. There are hurting people out there who need to see my smile in order to be healed.

Self-Reflection Questions:

1. Am I taking time to look around me and find those in need of a smile?
2. How can I overcome what prevents me from smiling today?
3. Does my smile radiate sincerity?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Tranquility

Tranquility and inner solitude rejuvenates my soul. I take time to myself to retreat from the noise of life and find a quiet place where I can find tranquility and inner solitude. Daily, I make it a point to turn off distractions and focus on what is going on inside my heart and mind. When I reflect upon my life, I am able to improve who I am.

Inner peace is reflected outwardly through my actions. My countenance reveals that which is hidden deep inside of me. When I am at peace within my soul, I am able to accomplish more than I ever imagined.

I live every day of my life with a tranquil spirit; free from stress. The small annoyances of daily life are incapable of stealing my peace because I focus on the bigger picture. When I take things lightly and guard myself from worry, I preserve my health. My heart and soul are healthy when I let go of the negative quickly and only hold onto the positive things.

Tranquility refreshes my soul like the streams of a fountain washing away all anxiety and fear. I am bold and confident in my future when I quiet all the other voices around me and listen to the voice that speaks of my destiny.

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**

[CLICK HERE](#)

There comes a point where I must stop trying to make sense of everything and simply rely on faith. Inner solitude is that place which rescues me from the pit of the mundane.

Today, I choose to drown out the noise all around me and focus on the voice calling my name. I am turning away from distractions and enjoying quiet time within myself.

Self-Reflection Questions:

1. Am I tuning in to the right voice?
2. How can I turn off the noise around me and find tranquility?
3. What are my actions saying about the state of my inner being?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

The World is My Canvass

The world around me is my canvas. It is a blank canvas on which I paint with the colors of my attitude and character. As the artist of my own world, I choose to create hope with each brush stroke. Every decision I make leaves a mark on my portrait that will adorn or tarnish it.

When I act kindly toward others, my picture is enhanced with grace. I know what I want out of my life; therefore I make a conscious effort to transmit those dreams onto my canvas. When I look at my canvas, I have the power to see things from a positive perspective.

I appreciate the unique beauty in those around me. Each one of my loved ones contributes a different element of style to my work of art. Like the colors of the rainbow, the people in my life make the picture come alive with vibrant splendor.

I have the ability to create my own environment by what I contribute to the world and receive from others. But first, I have to express happiness and joy to others if I want those feelings to be reflected back to me. The message I send out to the world will come back to me like an echo.

Today is a fresh canvas upon which I choose to paint something beautiful. With each stroke I make today, I am creating a masterpiece out my life. I am making an everlasting mark on this world by displaying a positive attitude and genuinely loving others.

Self-Reflection Questions:

1. How can I enhance the picture of my world?
2. What am I going to paint today?
3. What do I contribute to the world?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Welcoming Change with an Open Heart

Change keeps my life fresh and exciting. My life is enhanced by change. When the monotony of my daily routine causes life to seem dull, change spices things up. My heart and mind are open to change because I understand the benefits that breaking out of the routine brings.

I choose to embrace change like a newborn baby exploring the world for the first time. I allow myself time to adjust to new life experiences. I remove fear and personal opinion while I allow change to take place. My attitude toward change is positive. Not only do I accept change, I seek it.

I listen before I speak in order to give myself time to evaluate situations prior to drawing conclusions. I embrace the differences in others and accept their ideas. I am confident enough in who I am to accept others' suggestions.

Changes in my life are simply new paths to reach my destiny. I trust that I am still on track to reach my final destination despite detours from my plans. New experiences keep life unique and interesting. I am open-minded while remaining true to my values and beliefs.

I look forward to change because I enjoy adventure. I understand that, in order to achieve different results, changes have to be made to the way I live my life. I embrace change as a vital part of my journey. My mind continues to be at peace in the midst of change because true change begins in my heart. Today, I choose to seek and embrace the gift of change in my life.

Self-Reflection Questions:

1. How can I be more comfortable with change?
2. Are there things in my life that require my attention right now?
3. What is stopping me from embracing change?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Transforming My Mind

I transform my actions by transforming my mind. I have authority over my thoughts. I carefully choose which thoughts can stay and which must leave my mind. Constantly, I filter my mind because my thoughts soon become my actions.

Learn How to Create Your Own Automatic Money Machine ...



The Definitive Money Engine
[CLICK HERE](#)

I seek the positive qualities in other people because I believe good can be found in everyone. When I meet someone new, I am able to find common interests and I confidently speak to others free from fear.

When I remove fear from my mind, I am free to take risks. Freedom of the mind allows me to experience life in a new dimension. When fear tries to paralyze me, I pause. This allows me to feel the calming effects of inner peace. Thoughts of past successes flow through my mind like a river, which reminds me of the potential stored within me.

If I find myself indulging in self-pity, I immediately reject those thoughts and launch into action. Counting my blessings is the best way to focus on what is good in my life.

Instead of complaining about the tasks I must complete, I choose to be thankful for my ability to complete them. When I change my point of view and look at my responsibilities as blessings, I enjoy myself.

Today, I chose to think positively in order to act productively. I understand that my thoughts have the power to help move me forward. In everything I do, I seek to think positively because a healthy mind leads to a satisfying life.

Self-Reflection Questions:

1. How can I change my point of view?
2. What situation in my life can I see a blessing instead of a chore?
3. Do I seek the good in others?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

On Growing Wiser

I move forward because standing still is the only guaranteed way to fail. Moving forward, whether I walk through victories or defeats, is the only way I will learn and grow.

Every step I take brings me one step closer to my goals. While on the journey to my dreams, I gather wisdom from my experiences, which helps me make better decisions in the future. In doing so, I am setting myself up for a life with no regrets.

I am eager to learn new lessons around me every day. I am mature enough to learn from the situations of others even before I face those situations myself. When I experience a shortcoming, I remind myself that mistakes are simply lessons in disguise.

When I experience a personal victory, I take note of successful strategies that I can use in the future. If I ever encounter failure, I reflect on my actions in order to perform better the next time.

I open myself up to new challenges with confidence allowing life to be my classroom. Each day I embrace life with the expectation that I will receive knowledge from the most unexpected places.

I dare to venture into every day, even when I am surrounded by uncertainty, because being a risk taker pays off with new knowledge that I never would have acquired otherwise.

Today, I choose to walk forth into my destiny with wisdom and direction. I embrace the opportunity to learn from the many sources of knowledge that engulf me. My knowledge increases as I fearlessly accept the lessons I am being taught by life itself.

Self-Reflection Questions:

1. What lessons has life taught me recently?
2. What unexpected knowledge can I find today?
3. How can I share my wisdom with others?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Faith and Ambition

Although I can only see what is right in front of me, I am not merely limited by the physical realm. Faith reminds me that there is much more to life than my eyes can see. Faith unlocks my vision, removing fear and eliminating the limits to my sight.

My words have the ability to cause things to happen in my life. When I believe something with all my heart, settle it in my mind, and speak it with my lips, it comes to pass. I speak success into existence. When I look through the eyes of faith, I dare to venture in to the unknown with confidence.

Even when my mind is unsure or fails to understand, I follow my heart because, when I allow faith to lead the way, my dreams become a tangible reality. I reject doubt in order to give faith free reign over my mind. My insecurities dissolve in the hand of faith.

When things seem grim, I feel calm in my spirit because faith helps me believe that there are better days ahead. Faith is the reason I have hope for the future. Faith allows me to be certain of things to come, even if they seem impossible.

Today, I look past what my eyes can see and focus on the vision that is in my heart. I stir myself up to press on toward my dreams regardless of the circumstances around me. My faith is the difference between simply hoping for something and being certain that all will be well.

Self-Reflection Questions:

1. What is the depth of my faith?

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

2. What do I see in store for myself when I look through the eyes of faith?

3. Do I believe that all will be well?

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Let Bygones Be Bygones

Deep down you know that there is simply nothing you can do to change the past. No matter how many times you wish you'd done something differently, the past will always remain the past.

You must find a way to, once and for all, be done with your regretful feelings. When you continue to fret over the past, you allow negative feelings to consume more and more of your life. Once you've put a stop to it, you can think positively again and your future will be brighter.

Getting Caught Up In The Past

It's easy to get caught up in the past. Nobody's perfect and, no matter how hard you try, you'll still continue to make mistakes. It's how you handle the mistakes that will make the true difference in your life.

If you've made a mistake or suffered a tragedy in the recent past, don't allow the tragedy to replay in your head over and over. You'll continue to relive the negative feels as if you were continually going through the tragedy. No one deserves this! Instead, you have two choices, you can actively work on correcting your mistake, or you can let the feelings go because they're not helpful to you in that moment.

Learn From Your Mistakes

There are lessons to be learned in every mistake you make no matter how minor it might be. The goal is to work on discovering what these lessons are.

When negative feelings surround you regarding your past, focus on the lesson learned. Maybe you would have never learned that lesson without the mistake. And now that you've gained this wisdom you can avoid making that mistake again in the future.

You can take everything one step further and do more with the lessons you've learned. Perhaps you can raise awareness by telling others about your experience. If you can help others avoid the same mistakes, you'll be doing something great for the world. It'll also help you feel better about the situation.

Avoid Resentment

You need to do your best to avoid resentment and all negative emotions. Resentment is a poisonous emotion that can go out of control if you don't deal with it. You've probably heard of

people who have had a falling out with a family member and resentment keeps them apart for the better part of their lives. Think about all the good times they've missed out on because of this bitterness!

Let It Go

Depending on what you've gone through, there may be a mourning period associated with your situation, but you'll eventually need to let it go. Since you know that nothing can change the past, letting go can prove to be very liberating.

When you let it all go, you learn to forgive yourself and forgive others. Forgiveness is such an important thing to promote in your life. It allows you to grow as a person and blossom forward to enjoy all that life has to offer. You weren't meant to sit around mourning the past no matter how tragic it's been for you.

How Negative Thinking Hurts You

When it comes down to it, sometimes you keep telling yourself you're over it but the negative thinking keeps creeping back into your life. You need to fully realize that the only person you're hurting is yourself.

Let's say you've hurt someone's feelings. You may think about this day and night until you can't take it anymore, and you have to seek this person out to apologize. The person might not even remember what happened, or they may just accept your apology. The point is you suffered with negative thoughts until you sought forgiveness.

There's no need to cause yourself severe suffering because you made a mistake, instead seek peace and resolution, then move forward with your head held high!

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Conquer Your Resistance to Change

Your instincts will often kick in and tell you to resist change. This might happen without you even noticing it. This happens because the body and mind are always looking for stability and balance.

However, whether you like it or not, the world is ever changing. If you don't learn to change with it, your life will eventually become stale and unexciting. If everything stays the same your whole life, you won't be reaching your ultimate calling and your level of happiness and success will be mediocre at best.

The good news is that there are steps you can take to learn to conquer your resistance to change. You'll learn that it doesn't have to be a huge insurmountable task; you can work slowly and efficiently to gradually allow the change into your life.

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

Instigate Changes Daily

One thing you can do to start getting used to the idea of change is to familiarize yourself with the feeling on a daily basis. These don't need to be large changes, but when you make the effort to step out of your comfort zone a little each day, you'll start to see life from a different perspective.

When you make small changes, you'll actually evolve your daily routine. You'll discover quicker and more efficient ways of doing things. Also, since you're engaging in small changes, it won't feel as shocking to you and you likely won't feel an intense urge to resist.

The small changes can be as simple as trying different kinds of toothpaste, or reorganizing the files on your computer in a different manner. They seem like boring tasks but this will set you up for a renewed mindset.

Take A Different Route To Work

You may be used to taking the same route to work every day simply because it's the shortest. Your brain then becomes so used to the routine that you're basically on autopilot.

Taking a different route may take you longer to get there, but it'll open you up to change. You'll have to think about where you're driving and remain aware of your surroundings.

Eat Different Foods

You may think that you already know what you like and don't like. It's easy to fall into the routine of eating basically the same meals each and every week. However, your diet can be an excellent way to bring about change in your life in a non-threatening way.

There are endless recipes and combinations of food out there. There are also many styles and cultures available when it comes to cooking your food. You can make a goal with yourself to try adding something new to your diet every week. You may end up not enjoying what you ate, but when you're trying 52 new meals per year, you're bound to find some new gems!

Remind Yourself What Change Has Brought You

At the end of the day, remember all the wonderful new experiences and relationships that change has brought you. While there are inevitably bad things, there are sure to be many great things as well. When you concentrate on the positive, you'll keep up a good attitude.

Keep in mind that change is good for you. Since nothing in life is static, you need to make change a normal part of your life. You need to be willing to move yourself forward to reach your ultimate goals. When you do, you'll find that you're happier and more fulfilled in life!

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Live the Life You Desire - Now!

It seems that everything you've ever learned is about preparing yourself for a better future. It's easy to get so caught up in the future that you lose the ability to enjoy the life you're living right now.

The Power Of The Present

The first thing you should do to take action toward a better life is to realize the power that the present moment holds. There are different ways you can truly come to this realization, but the most popular and widely accepted method is meditation.

Meditation allows you to clear your mind. It's refreshing to focus on the present moment when you find the time to sit down and relax without any worries about the past or future.

This personal reflection time will allow you to sort out your inner thoughts. On the flipside, take note of the number of times your mind tries to distract you from the present moment. You'll be surprised to see just how many times your mind steals the present moment from you, in order to dwell on the past or future.

Enjoying The Journey

Your journey is all you have. Your goals are important, but it's the path you take toward your goals that yield many fruits. You must be willing to enjoy your life and live consciously, even if you haven't yet reached your goals.

If you have a lofty goal, such as becoming a doctor or the CEO of a large company, realize that it will take much planning and years of experience. Once you reach your goal, you may feel fulfilled, but your life mustn't be unhappy and miserable until you get there!

You can remain happy by concentrating on the present and enjoying the journey. As you make positive progress towards your goal, you'll know that you're always one step closer.

Envisioning Your Future Self

While you should spend a great deal of time enjoying the present moment, you can add to your happiness by envisioning your future self.

Reflect on the feelings associated with the successful completion of your goals. Think about the traits you'll exhibit when you have the life you desire. Now bring those traits into your present.

If you're studying to be a doctor, you're working long days for little or no pay. You're studying at all hours with little sleep. You might feel almost tortured. That's not the desired life you dreamt of having!

This is when you should be proud of the steps you've taken so far. After all, what you're learning now will shape your future, so you might as well approach today with joyful gratitude!

Live The Life You Want Now

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**

[CLICK HERE](#)

Whether you maintain complete focus on your ultimate goals or not, it's important to live the life you desire right now. You don't know how many days you've been allotted on this earth, and you owe it to yourself to make the most of them!

Keep these tips in mind:

- Even on busy days, take at least some time for yourself
- Don't waste your time on people who don't believe in you and your abilities

- Adopt a "glass is half full" mentality

Most importantly, you need to believe in yourself. Some people are literally afraid of success. They'll put off action toward their dreams indefinitely because they fear success and fear that they're incapable.

You mustn't fall into this negative pattern. Don't waste your time on dead ends. Instead, take action, learn your lessons, and enjoy the journey!

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Entrepreneurs Think Different That Small Business Owners

By Steven Schlagel

I coach and consult with many small businesses about starting or buying, and then running a small business. We work together on streamlining processes, hiring staff, developing a marketing strategy to allow for increased income to pursue their dreams. But there is more to understand than the nuts and bolts of running a business.

Through working with them, I've noticed that entrepreneurs and small business owners have a different viewpoint. Many small business owners build companies in industries where they were once employees. They often have trouble leaving an employee mindset behind. Entrepreneurs take more risks and think bigger, planning the future sale of their new business in the beginning and starting multiple businesses at once.

Entrepreneurs see challenges like a recession as just another opportunity. Small business owners are often married to their business and get mired down in details. When the economy goes south, they hunker down into survival mode. Entrepreneurs are less likely to do this.

To be more entrepreneurial, small business owners need to create a real vision of what they want their business and

personal life to look like. That vision needs to be very rich with detail and how their business will support their personal goals. Do you want more time to pursue scuba diving trips? Do you want money to send your children to Ivy League colleges? Do you want to be a keynote speaker? Start writing down your BIG DREAM.

Most business owners have a strong gut idea of what they really want, but practical thoughts bring them down. When detailing your life's vision in writing, skip being practical. The "how's" can wait. Take time to focus on the "what" for now. Don't pressure yourself with timelines. Just getting a detailed vision down on paper can be enough to help you bring it to reality.

Professional athletes understanding mentally creating what they want to happen before they step onto the course or the field. Tiger Woods and others work with coaches on visualizing their end results and it works. Why shouldn't you do this as well? Really experiencing what living your dream FEELS like every day helps you encourage your brain to be more entrepreneurial. Remember, you are a business OWNER, not an employee.

So, are you ready to take your small business to the next success level? Are you ready to acknowledge that big vision or do you want to stay married to your business and let it own you? Start thinking BIG like entrepreneurs do.

About the Author:

With 30 years of consulting experience, Steven Schlagel offers [training and coaching](#) for startups, entrepreneurs and small business owners. Check his site for [more articles](#) to increase your success!

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

How To Nail That All Important Interview

By Jennifer Wilson

If you are one of a handful of triumphant candidates who has been provided an [interview](#) offer for the job you have been persistently going after, for starters a round of applause. Now it is time to start on planning for the decisive stage towards swiftly getting a post wherever you may reside on the planet. So how do you train yourself for this crucial moment in your professional life?

Learn How to Create Your Own Automatic Money Machine ...



The Definitive Money Engine
[CLICK HERE](#)

Meticulously examine your resume and catch any deviations that the prospective appraiser may ask you about. Meditate on further achievements to confirm your abilities and your capacity for this vacancy. Ascertain how you can use your abilities and accomplishments to better your new job to help the organization.

You have already investigated the job needs and the organization and business for your CV and cover letter. It is crucial to know the important details of the organization and industry in fair detail and to carry on a dialogue concerning your ideas and how things can be refined. Meditate on questions correlated to your line of work that you can ask the appraiser to illustrate your curiosity and eagerness to learn.

A section of your meeting will be general talk and the majority of it specifically targeted towards your CV, post, corporation and industry. It is beneficial to remain abreast present-day events in politics, sports, entertainment and even business practices. Read headlines and skim over up-to-the-minute events. This will enable you to make small talk on almost every topic and identify you as a applicant who stays in touch with current events and has a wide-ranging interest in what is going on globally. This methodology will also give you more information linked to your line of work.

Regular questions to ask the employer can be pertaining additional job responsibilities, what will your particular role be and the kind of work you will carry out on a day-by-day basis, progress path and training frequency. You may need to steer clear of subject matters associated to wage and benefits through your opening interview.

Think up a bunch of questions you expect to be asked by the employer. These ought to contain questions on the industry, opening, your own short, medium and long term ambitions, strategy and professional endeavors, your aptitude to perform in a group or as a group leader, your strong points and vulnerabilities and ideas and creativity. The employer may ask questions related to a bunch of these topics in a more indirect manner. It is your chore to clarify what exactly he means and answer the specific question.

Unless otherwise acknowledged, dress professionally in general business clothing and pick your colors sensibly. For less conservative industries a noticeable accessory may help build an impression of enthusiasm and energy but nonetheless be sensible in how you dress. Physical appearances do count.

Keep practicing your interview continually in your head or with a acquaintance. Try to cover all potential scenarios. If your interview needs you to solve industry related issues, as is regular in consulting careers, try and secure sample questions from the employer's site or a work related website beforehand. Anticipate and be ready for anything.

To be at ease and sharp for the duration of the interview you have to take it easy the night before. Try and catch around seven hours of sleep the day before your interview to wake up fresh and arrive on time at the interview. Make an effort to be there twenty five to thirty minutes ahead of the interview begins.

Do not be worried and start perspiring. If you have completed your investigation suitably, practiced extensively and rested, you will walk in sure and win the employer over with your prompt replies and applicable skill. Here's to your career.

About the Author:

With the largest number of [jobs Karachi](#) is the most important city in Pakistan for all candidates in the market for employment.

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Why Successful People Use Cosmic Ordering

By Anne-Marie Laureaut

Today many people are searching for a way to improve their lives. To live a more fulfilled life, where they are able to have the things they want and enjoy what it is they have. There are many options out there that promise to help you [manifest your dreams](#), but none that work as well as cosmic ordering.

This is actually a practice that is essentially spiritual, but not quite in the religious sense. The core of this method is that you must have the innate belief in yourself that the universe is capable of providing you with whatever you desire from life. You request for something and you shall receive it. This is not essentially a rather saintly process; you need not be enviably pure in order to receive the good things in life! However, being virtuous is a benefit in all walks of life.

Cosmic ordering entails the fulfillment of your desires and objectives. You have to 'order' whatever you desire from

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

the universe and in a spiritual manner those needs shall be fulfilled. There might be a rearrangement in your lifestyle or your environment that shall suffice your needs!

As Deepak Chopra and Dr. Wayne Dyer insist, you must be aware of the field of intent in order to place your command before the universe. This is a field through which energy is transmitted, and is invisible in nature. It is at this level that our spirit connects to the cosmos and fulfillment of the desires occurs.

There is a high probability that cosmic ordering is something you have done without knowing that you are doing it. Think of all the times you have really wanted something and the wish has come true. You probably thought it was a coincidence. But actually it was cosmic ordering at work.

For cosmic ordering to work, you must have the power of intention, that is, you must really believe that what you are asking for is what you deserve.

If you believe in the fact that you deserve a better life, ask for it, without being affected by the fact that you have not really worked for it. That's how sound your belief should be.

Cosmic ordering is really not hard, it is one the easiest processes you can do to change your life. Is there a down side to this? Well, as with anything in life, there are always pluses and minuses to how it is used. Thinking about and believing negative things will also cause those negative things to manifest.

So if you walk around thinking about and believing that you are going to get fired, then you are going to get fired. Make sure that you are only focusing on the positive things, focus on the good things that you really want.

Most people have had so many years living in unhappy circumstances and seeing themselves as being 'undeserving' that it is impossible for them to manifest what they want.

Sometimes your own subconscious mind works against you and tries to keep things in your life the same as they are now.

To attain success in cosmic ordering, your subconscious mind must be ready to accept the fact that you deserve changes and what you wish for.

It is not difficult to communicate with your subconscious mind. This can be done with simple affirmations, self hypnosis and meditation.

Countless amounts of people around the world have completely changed their lives using cosmic ordering. Now it is time for you to start to live the life that you really want. Why not give cosmic ordering a chance and have the kind of life you truly deserve.

About the Author:

Anne-Marie Laureaut is one of the writers for the popular cosmicorderinginfo.com website. Discover how easy it really is to be successful at [Cosmic Ordering](#) when you visit this site. Change your life forever with a huge collection of [Cosmic Ordering](#) binaural beats, hypnosis and affirmations Audios.

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Self-Hypnosis: Using The SMART System To Set Your Goal

By Kevin Jobim

[Self-hypnotism](#) is the art of hypnotising yourself and is actually a very easy thing to do. All you are required to do is follow a some simple steps. You then just repeat these steps every day until you have achieved your goal.

So the first and most important step you need to take is to set your goal. Set your goal and make it a strong goal. A strong goal is essential if you are using self-hypnosis.

What is the purpose of [setting a goal](#) you might question? The answer is simple, if you don't have a goal you want to achieve self-hypnotism is useless. It just becomes meditation. Now there is nothing wrong with meditation it's actually very good to meditate. But meditation has nothing to do with achieving goals .

To set a really strong goal you can't do better than use the S.M.A.R.T. system. What do the letters S.M.A.R.T. stand for and how will they help you? S means Specific. M is for Measurable. A for Affect. R for Realistic. And T means Time.

Learn How to Create Your Own Automatic Money Machine ...



The Definitive Money Engine

[CLICK HERE](#)

Here's how you might go about setting a strong goal. Lets suppose your goal was to lose some weight. So using the S.M.A.R.T. formula this is what we might get:

Specific: you must make your goal specific if you want it to be strong and self-hypnosis to work for you. Now this could mean saying something like. I will loose exactly x pounds off the weight I am now.

Measurable :what does it mean here? Just this, you have got to know when you have achieved your goal. So you might say "I will stand on the scales on (add some future date) and they will show me I have lost exactly 14 pounds."

Affect: your goal must effect your life in some way once you've achieved it. So you could say " I will feel fantastic and very proud of myself on the (date here) when I get on the scales and they show me I've lost exactly x pounds".

Realistic: it's very important to have a goal that's realistic if you want to achieve it. Like, "I know I will be able to shed x pounds by the (date) because I've checked out the height/weight tables and loosing x pounds will not be a problem".

Timed: You have got to set a date by when you want to achieve your goal. For example " On the (set date) I will be exactly 14 pounds lighter and I will feel very very proud and pleased with myself."

So to be certain of making self-hypnosis work for you set your goals the S.M.A.R.T. way.

About the Author:

Imagine being able to: Put People Under Your Control; Persuade Prospects to buy from you; Make colleagues to do what you suggest; Make children obey your commands; Keep your partner eternally loyal. Discover how to Persuade a FREE Mini Course that will teach you quickly and easily how you to use this awesome power starting today.[Self-hypnosis-Empower Yourself](#)

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
CLICK HERE