

Abundance Blog

This eBook is a printable version of an Expert Author Blog at [White Dove Books](#)

You may freely distribute this eBook provided you do NOT change the content in any way.

Conquer Your Fear of the Unknown

Worrying about what the future holds is one of the most common fears. Often times you're anticipating the worst while, at the same time, realizing that a life in fear is not very pleasant at all.

Fortunately there are certain strategies you can use to conquer your fear of the unknown.

Try implementing some of these techniques to conquer your fears:

1. Think about the outcomes. When you're approaching an unknown situation, it helps to make a list of all the possible outcomes. Some of the results may be good and some not so good, but feeling like you have just a little foreknowledge about the future will help to ease your fears.
2. Clear the mind. Make an active effort to clear your mind. One of the reasons you feel fear is that you're worried that something bad is going to happen. This could be because of a situation from your past that you've projected into the future. You need to take these thoughts off the table and approach your fears with a clear head.
3. Take positive steps forward. It sounds easy, but it may be difficult to put into practice. Strive to visualize everything turning out positively. If you concentrate more on the positive aspect, you can actually turn your fear into excitement.
4. Study fear. Fear has a real purpose in appropriate situations. The experience of fear makes your heart rate rise and you're better able to escape threatening situations. However, humans have built many unnecessary and non-life threatening fears. Once you realize that these types of fears serve no purpose, you'll be stronger for it.
5. Talk it through. You might be feeling alone with your fears. It helps to talk through your problems with someone close to you. Perhaps it'll help to discuss your fears with someone who has experienced a similar situation. Just knowing you're not

alone can ease your fear, even if the person doesn't have any especially helpful advice to give.

6. Start small. If you're afraid of the unknown in a general sense, starting small will help reduce your fear. Instead of tackling a seemingly huge insurmountable task, just try doing something small first. Break out of your comfort zone for a little bit and try something new you've never tried before.

7. Give up control. The future can be frightening when we think we must control every aspect of it. While there are certain actions you can take to maintain some kind of control, there are many things you have no control over. When you accept that the future will be what it will be, regardless of how you feel, it may not seem quite as scary.

Present Thinking

When your thoughts get caught up in the future, whether it's the near future or the distant future, it clouds your current situation. If you're especially fearful, take a step back and focus on what is going on in the present moment.

Your present thinking automatically allows you to take things one step at a time. If you're currently doing the laundry, for example, the only thing you should focus on is getting stains out or putting clothes in the dryer - or positive things you look forward to. Brush other worries away and live in the here and now.

This isn't to say you should never think about the future. When you think about the future, do it with a clear head and positive thoughts and without letting the fears bury you.

Following these strategies can alleviate your fear of the unknown and bring you a life full of enthusiasm for the future instead of fear. What a difference this can make! And there's no better time to start than the present. Go for it!

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

What Are Love Languages?

Everyone needs to feel loved. It's vital to know how you enjoy being loved, but also how to properly love others. A doctor by the name of Gary Chapman became famous when he came out with a book called The Five Love Languages.

There is a basic breakdown of five different love languages to make it easier for us to identify how to express ourselves to our loved ones. Once you've figured out what your partner's love

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

language is you'll be able to show them how you feel in a way that is fulfilling to them.

For example, let's say that your partner likes to hear the words "I love you" often. Even though they know that you love them, just hearing the phrase can brighten their day. But perhaps you thought that you should express your love by buying little gifts. Your loved one likely appreciates the gesture whenever you show your love, but at the same time it's not their personal preference of how they like to receive love.

The Love Languages Explained

1. Verbal Lovers. Like the example above, some people just like to hear gestures of love such as "I love you" and "I appreciate everything that you do." For this type of person, you'll want to provide constant encouragement, never letting things go unsaid.

- Try verbalizing your appreciations in some way each day.
- Don't assume your partner knows what you're thinking and feeling - speak up!

2. Time Well Spent. One of the love languages has to do with spending quality time with your partner. This doesn't mean just casual conversation; it means the times where your partner is your main focus. If your partner enjoys quality time, here are some things to consider:

- Choose a certain time each day or week where you're completely dedicated to your partner. This means that you need to shut off the TV, put down the paper, and take some away from the kids.
- Think of activities you can do together to really connect.

- Make sure you have a good relationship with yourself; it's the only way you can truly connect with your partner.

3. The Gift Giver. Another love language is one where your partner may enjoy giving and receiving gifts. This isn't because they're greedy; it means they're visual people who enjoy seeing proof of your deepening relationship. If you're with this type of partner, try these tips:

- Even if you're a big saver, make the effort to spend at least a little money or make some homemade or handmade gifts.
- Leave loving cards and notes for them.

- Don't give gifts everyday, but give gifts that are meaningful.

4. The Chores. We can't forget the chores when it comes to a language of communication between partners. Since there are many things that need to get done around the house, it often causes problems when you try to figure out who's doing what. Keep these tips in mind:

- Everyone has different chores that they deem important.
- Figure out which ones your partner doesn't enjoy and do them.

- Chores involve thinking ahead, which your partner will certainly appreciate.

5. Physical Affection. The physical affection love language can get complicated. Expressing your love physically doesn't only mean lovemaking. It involves simple touches too. Each partner will usually have some kind of opinion when it comes to this language:

- Figure out which kinds of touches your partner enjoys, it may be a gentle rub of their shoulders or some cuddling while watching television.
- This is equally important, figure out which touches irritate your partner.
- Get to know your partner's moods so you know when to express physical affection.

The Combination

Your partner will likely speak a certain combination of these love languages. As your relationship deepens, you'll get to know your partner better and better. It may even help to outright discuss the topic of love languages with your partner to better understand each other.

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Small Achievements Lead to Big Success

People dream big all the time. But it's the people that take action to reach their [goals](#) that truly succeed in life. It's a huge task to take on, but when you break down your journey into simple steps, anything is achievable. Decide on your goal and follow through, it really can be as simple as that.

The Big Picture

It truly doesn't matter what your goal is, you can achieve it by combining the will to succeed with action. There are many possible excuses and many people that will try to bring you down, it's just the way life. While these things may not change, your attitude can.

The first thing you need to do is create a personal definition of success. What are you trying to do? What is your ultimate goal?

Remember, the answer can be anything your heart desires. Maybe you want to start a video game development business, or maybe you want to be an Olympic swimmer. Everyone is different, but it's important to have a well-defined goal. Don't be afraid to be specific and to list a goal even if you're lacking the confidence to achieve it.

The Process

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine
[CLICK HERE](#)**

After you have your definition of success, it's time to break it down and make it happen. Success will happen just by completing one small task at a time from your plan.

Let's say your ultimate goal is to own a video game development business. You currently work at a dead end job and you have little revenue to use towards your goal, so you assume it'll never happen and you just go about your day. But what if you took just 20 minutes each day and worked toward your goal?

Here are some of the things you might accomplish:

1. You can research how much money it would take to start up your business.
2. You can learn the ins and outs of the industry by reviewing different courses and training programs.
3. You can make appointment to meet with banks or companies as potential investors.
4. You can contact independent game developers that may be willing to take on extra work at a reasonable cost.
5. You can research and formulate marketing tactics.
6. You can create a 5-year plan.

While the business entails a great deal more than these 6 steps, you get the idea of what it means to break down a huge task into smaller parts. If you don't break it down, it'll seem too overwhelming and you won't even know where to start - so you won't get started at all!

But when you decide to spend a little time on a small project, like researching marketing tactics and saving some web links, that's definitely something you can accomplish in an afternoon. And it brings you one step closer to your goal.

Something Is Always Better Than Nothing

You now know that some action is always better than no action towards your goal. It may sound trite, but you'll never get there if you don't try. Just think of how far along you might be if you spend 20 minutes a day on your goal for a whole year. That's a great deal of small, manageable projects!

You owe it to yourself to make your dreams come true, so go get started!

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

The Amazing Idea of Creating Abundance

By Derek Davies

There are numerous ways that you can go about creating abundance in your life. Everyone deserves to be happy, but not

everyone knows how to go about obtaining the happiness they deserve.

First of all, think of yourself; do you have a positive image of yourself? Or, do you have a negative image? Before creating abundance can become a reality, you have to know that you deserve what you want.

How do you get abundance in your life? Take a few minutes out of your time right now just to focus on a couple of things you would like to have. Think of why you need those things and how you can get them. Do this every day for a few weeks. This will help you to become convinced that you need those things as well as the reasons why. Naturally, you will know that you deserve them because they will be the center of your focus.

It is important to be an ambitious and goal-oriented person when creating abundance. You must feel inspired to go after the things you want.

If you know you deserve something you want, it'll come to you, in one way or another. It may not happen right away, but because you have a passion for what you deserve, you will get it, even if you're not quite sure how.

If you're interested in creating abundance, focus on your thoughts and actions. Literally everything you ultimately create begins with a thought, and you have to transform those thoughts into action. However, this shouldn't feel like a job or like work.

Oftentimes, people don't achieve their goals or have what they want because they don't think they can get them. They don't have faith in themselves and they don't think they have the ability to make what they want to happen, happen.

Sit down right now and envision how you want your life to be. Don't just think about material things you want, but focus on positive mental and emotional attributes, too, like peace. As you do this, focus as well on becoming more ambitious and more determined. These qualities will help you push through obstacles until you get to what you want. There are no limitations your life except for those you've set up in front of yourself. It really is that simple when it comes to creating abundance.

Now, you can also focus on negative things and thus avoid achieving goals or building the life you want. If negative people

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
CLICK HERE

are in your life, you can ignore them, or you can include them in discussions about creating abundance, as well, so that happiness can flow freely for them, too.

Every action you do begins with a thought. If you truly think that you're never going to be happy, have the house you want, have a nice car, and so on, you'll continue to get in the way of creating abundance for yourself.

By contrast, if you believe you deserve those things you really want, AND you really want them, rest assured that you will get them. You may not know just yet how you will get them, but you will, and it won't be hard.

About the Author:

The author Derek Davies is one of the experts who writes for the popular <http://www.abundance-info.com> website. You can find out how easy it really is to be successful at [manifestation](#) when you visit this site. Change your life forever with a huge FREE collection of [Creating Abundance](#) binaural beats, hypnosis and affirmations Audios, Ebooks and Videos.

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

What Is True Happiness And How Do We Achieve It

By Jane Sullivan Daniels

Wondering about how to be happy is not something all of us do each day. In fact, there are quite a few times through out our day when we are very happy! But the [happiness](#) we are talking about here is the more enduring one " not something which is fleeting and comes and goes with situations in our life. And no, we are not heading the spiritual way, though that is one of the most popular methods for happiness.

If you were to look at someone who is truly happy, you would see that they are happy in spite of challenges, rather than happy because they have no challenges. They will want to embrace whatever is coming their way rather than worry about it.

For many people, happiness comes with a certain object, like the way a child is happy when they have sweets, many people feel happy when they have something that they desire. But the problem with that is our desire doesnt last very long once we have those things, once we get used to the fact that we have something, we start to want something else, and so the cycle

continues. I should probably mention here that true happiness depends on you being completely free of insecurities. As long as we are thinking about what we have or do not have and how long we may or may not have it, we will always be unhappy. This is why we see billionaires seeing a psychiatrist because they are still unhappy despite having every physical possession they could ever want.

When we are not insecure on the inside, there is no real reason to be unhappy. All of the self-help gurus and all of the worlds religions say the same thing and they are all fundamentally correct. However, many people attend these self-help sessions and come away temporarily motivated to be happy, but after a week or so the feeling wears off and they end up back where they started. The way to true happiness is not to simply practice the teachings of self-help gurus whenever you can, but to incorporate them into everything you do, and if you have the right mentor for that, it really isnt that difficult.

The first step is to attend a series of interactive sessions (not just lectures) run by a coach who is truly and genuinely happy, and in doing so you will do yourself a huge favour.

About the Author:

For more information on achieving true happiness, please visit themistryofinspiration.com by clicking [broadband consciousness](#) or [NLP training](#)

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

The Truth About the Secret of Abundance

By Mickie Lake

It is safe to say that the majority of people in the world are looking for a key to change their life. They are looking for the missing secret, that once they have it, it will provide them with all the riches they have every wanted. Many people spend years and countless dollars trying to get their hands on it. Here, right now, you are going to be given that secret. That's right, your search is over. The thought has consumed your mind, pushed you to keep looking to try to attain it and the universe is now delivering.

First, you need to know that an abundant life does not mean you have all the money in the world. To live an abundant life you need three things and they are health, money and relationships. Some people may disagree and then tell you the

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**

[CLICK HERE](#)

secret to an abundant life is having money. This is simply not true.

For instance, if you are a multi-millionaire, yet you lack in health with only a few days to live, you spend your days staring at the ceiling, then what good will you get from all that money. If you have good health, but have no one to share your life with, how can health create abundant living? You need all three of these components to live an abundant life.

You need [the secret](#) that unlocks abundance so that you are healthy, you have meaningful relationships and you have the money you require. The real secret of abundance is your thoughts and emotions. It is that simple, since it is your thoughts and emotions that create your life. They have the power to influence what you want in life as well as keep you held in your current live.

Some people may shake their heads in disagreement, while telling you this is not true. If it were your thoughts and emotions that determine the secret of abundance, then everyone would be living a life of abundance. This is correct. However, if everyone has such power to create an abundant life, then why is it not happening for everyone, everywhere?

The list of reasons could be rather long, but they all stem from one fundamental issue. People don't want to live a life of abundance. It is far easier to live the way they are and complain about it. Do you think that Donald Trump has spent one day in his life feeling sorry for himself? Do you think that Bill Gates doubted that he would be a millionaire? The answer is no. No they didn't, haven't and won't. They have had the mindset from the beginning that they would be successful, that they would be the masters of their own lives that they would live a life of abundance.

There is no reason to believe that the secret is so simple. Remember, everything you see and use started as a thought that someone manifested into reality. The car you drive, the seatbelts you use while driving, the deck you enjoy, the toys your child loves and the space shuttle all started as a thought.

What this means is you can start right now to create the life you desire. You need to determine what you want. Be specific, you can even write it down. When you determine what you want, look around and then be thankful for what you have now. It may not be perfect; it may not even be exactly what you want right now. However, if you do not appreciate what you already have, you can never have better.

Determine what you really want and then permit that thought to overcome you as it burns deeply in your heart, soul and mind. Become excited about it becoming a reality and then allow your emotions to empower that thought. Send an overwhelming message into the universe. You have to believe in what you want and that it is coming to you. While this is happening, you have to learn and do what you need to do to make it become a reality.

The hidden secret of abundance is locked in your head between your ears. It is your brain, your thoughts and your emotions. Change the way you think and you will change the life you are living.

About the Author:

The author Mickie Lake is one of the writers for the popular <http://www.abundance-info.com> website. Discover how easy it really is to be successful at using [Secret Of Abundance](#) by visiting here. Change your life forever with a huge collection of Free [Manifesting Abundance](#) success Audios and Videos.

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Are You Searching For The Secret Of Abundance?

By Mickie Lake

Many individuals all over the world are searching for the means of changing their life. They are searching for the magic that gives them the secret they are missing. They consider once they have this it will give them all they ever wanted. Many of them will spend countless years and money to find it. You are given that secret right now. Your search is finally over. The desire for it consumed your mind and inspired you to keep searching for it and now the universe is offering it to you.

You need to understand, however that an abundant life is not one filled with money. There are three areas of life that means living an abundant lifestyle. These are money, health and relationships. Some individuals may argue this point, they may even say that to live an abundant life you only need more money. However, they are fatally mistaken.

Consider if you had millions of dollars, even more than you would ever be able to spend, but you are in poor health with only days to live, perhaps spending your days staring at the ceiling, then what good is money to you. If you are healthy yet

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

alone with no one to share your life with, what good, is health to you? All three aspects are essential to live an abundant life.

The secret can bring you [abundance](#) in health, wealth and relationships. Your thoughts and emotions are the real secret to abundance. Your thoughts and emotions work to create your life, since they powerfully influence that which you desire in your life as well as influencing how you live your life right now.

Some people may shake their heads in disagreement, while telling you this is not true. If it were your thoughts and emotions that determine the secret of abundance, then everyone would be living a life of abundance. This is correct. However, if everyone has such power to create an abundant life, then why is it not happening for everyone, everywhere?

The list of reasons could be rather long, but they all stem from one fundamental issue. People don't want to live a life of abundance. It is far easier to live the way they are and complain about it. Do you think that Donald Trump has spent one day in his life feeling sorry for himself? Do you think that Bill Gates doubted that he would be a millionaire? The answer is no. No they didn't, haven't and won't. They have had the mindset from the beginning that they would be successful, that they would be the masters of their own lives that they would live a life of abundance.

Even though the secret is simple, you have not reason to believe it is so. Keep in mind that everything around you began as a thought of someone. They simply manifested it into reality. For instance, the pen you use, the car you drive the seatbelts in that car, your front door, the toy your child plays with and even the space shuttle all began as a thought.

What does this mean to you? It means that starting right now you can create the life you want. What you need to do is decide what it is you want. Be precise, you may even want to write it down. Once you have decided what it is you want, you need to look around your life and be thankful for what you have. It may not be ideal or exactly what you want, but if you can't appreciate the things you have then you are never going to have anything better.

Determine what you really want and then permit that thought to overcome you as it burns deeply in your heart, soul and mind. Become excited about it becoming a reality and then allow your emotions to empower that thought. Send an overwhelming message into the universe. You have to believe in what you want and that it is coming to you. While this is

happening, you have to learn and do what you need to do to make it become a reality.

The hidden secret of abundance is locked in your head between your ears. It is your brain, your thoughts and your emotions. Change the way you think and you will change the life you are living.

About the Author:

Mickie Lake writes for the popular <http://www.abundance-info.com> website. You can find out how easy it really is to be successful at using [Secret Of Abundance](#) when you visit this site. Change your life forever with a huge collection of [Free Manifesting Abundance](#) Success Secrets Audios and Videos.

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

An Obvious Manifestation Secret

By Steve Sant

There is a well proven but unfortunately much ignored [secret](#) that master manifestors use all the time. It is a very simple basic factor that sets into movement all that exists in this human experience. All of us know that it is real and utterly essential. But the huge majority of the population for some reason or another keep away from it.

Without this secret all hopes, wishes, desires and written goals will continue to be kept closed in a box. Once in a while this box may be pulled out and its contents are cleaned up and cherished once more. Some time will be spent in evaluating the promising possibilities but soon will fade away. Great vagueness will stay on its guardian and with a tired resolve, the goals, ambitions, and hopes will be put to rest once again.

The exact description of potential to put it considerably is worth nothing as it sits right now. Wishes, hopes, dreams and goals only have potential, devoid of this apparent secret that can only lead to manifestation. In this world there are various things that are universal as hidden potential. Just insert this unique factor and very rapidly your requests will very rapidly turn into reality.

This powerful factor is only known as ACTION. Take action, just do it, start. Various spokesmen give complete seminars and programs seeing that it is a billion dollar idea.

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine**
[CLICK HERE](#)

All requests and wishes have to commence their passage into manifestation somewhere. All the events and occurrences already are present nevertheless you have to take them or go get them. You have to intensely permit results to come about. To induce what you wish for you have to take action.

Take the instance of person who went to a buffet restaurant. All he desires to eat is waiting on the serving dishes. He massively desires for a juicy steak but he does not have one. The juicy steak is merely across the room. Does he truly desire the steak itself or is the action of lacking the steak is more entertaining? Which is the more gratifying, the need of wanting the steak or fulfilling the desire? In this instance, the enormous assignment to get up and acquire the juicy steak will satisfy his craving.

Therefore undertake the action and leave behind all the potential. Initiate and the road to achievement will bring to light in ahead of you as you commence stroll ahead it. The path will keep on until as you desire to go along it. The reality will in no way manifest itself in front of you and maintain to be a yearning remembrance crammed in that box.

Start, take action and your path will reveal itself to you. Take ACTION NOW and .

About the Author:

For more engaging articles on the law of attraction I invite you to visit [my blog](#)

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Work Life Balance Tips

By Jennifer Pereira, RD/LD, CSCS

Have you ever felt your work life balance is totally out of whack? It is critical to find this balance if you really want to live well. You may feel great about one aspect of your life, but terrible about another. You may be one of the lucky ones who actually have it all, but unfortunately still feel something is missing.

Kids, spouse, career, purpose, relaxation, health--it can feel like you are juggling so many balls. In this situation balls inevitably get dropped. And our culture tends to emphasize success in some areas while ignoring (or even criticizing) others. In our society careers are often our identity. We may be a financially successful culture, but we do not seem to be a

really happy culture. Therapists, medications, and rehabs are becoming an accepted part of life.

Work life balance tends to be the most obvious area in need of improvement. The work you do requires a huge chunk of your time and energy. It can feel like it really takes over your whole life. You cannot allow it to keep you from attending to other critical areas of your life. Work really only provides two things:

--Money to fund the life you really want (live well, be with your family, vacation, etc.),

--It can provide a sense of purpose, especially if you are doing something you feel makes an impact.

It is important to keep your work life in its place. Your work is not really your life...unless you're a nun. Many people fall into the trap of working hard and putting off living the good life until they have achieved enough or acquired enough money. The trap is: there is never enough.

You have to start living immediately, as you read this. You will need a great deal of self awareness in order to fully live in the present. This is not easy in our society. You will find yourself eating, drinking, shopping, and working to keep yourself distracted from what is going on inside of you. It can be scary to even think of taking a look in there.

But being aware of your inner needs is critical to developing life balance. You must begin to use your internal compass to tell you when to play barbies with your child, take a nap, or pay attention to your spouse. It is easy for you to stay disconnected--isolation and independence are pillars of our society. Connecting requires a certain amount of vulnerability and openness. But bonding with others is a fundamental key to happiness.

It is important that you also truly connect to yourself. Even if you are alone most of the time, you are probably pretty disconnected to your inner world. When your inner compass is telling you it needs rest, your brain overrides it because you "should" go to the gym. Even if you end up relaxing, you are filled with guilt and cannot really enjoy yourself.

You won't realize how trustworthy your internal director is unless you are able to let go of your 'shoulds'. Until you stop

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine
[CLICK HERE](#)**

'shoulding' all over yourself, you will find yourself out of work life balance.

About the Author:

Jennifer Pereira, RD, LD, CSCS is in private practice in Texas, where she focuses on helping clients create a [healthy lifestyle](#). Additional resources are available on her site to create your own [personal development plan](#).

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Financial Literacy - Did You Learn This At School

By Damian Papworth

One of my most enduring memories from high school is that in almost every class I attended, it didn't matter what the subject was, there was always some smarty pants who would say to the teacher "I just don't see how this will help me later in life". Its funny how the teachers never really gave them a satisfactory answer.

What a great exercise it would be, to find out what exactly turned out to be useful from each class, and in which cases those troublemakers were right. In other words, what have I actually used to get ahead in life and which class did it come from? However, that exploration will be left for another time. There is one subject which would obviously be useful for anyone in any career or vocation, one that should be taught in every school, but for some reason never is. The subject is Financial Literacy, something we could all put to excellent use.

This subject "Financial Literacy" should teach you about the implications of making a bunch of decisions about your finances. From the simple things, to more complex things. The ultimate purpose of this subject should be to ensure that you are armed with enough financial knowledge, that you won't make the idiotic, financially ruining decisions so many people make every day. I'd see the curriculum running something like this.

Week 1. Are you being scammed? Students would be shown how to spot a scam and avoid it. It will prevent a variety of mistakes.

Week 2. How much can you borrow? This lesson would teach you to calculate how much money you can borrow for personal or business purposes, on a variety of mediums. This

would include credit cards, personal loans, business loans and mortgages. It would mainly concentrate on cash flow issues, but also touch on the tax effectiveness of some of the different loans.

Week 3. What type of assets do you own? In this lesson, different assets would be explained. For example, an appreciating asset would be compared to a depreciating asset. Similarly a consumable would be compared to an earning asset. These assets would be compared over time, so you can see the impact purchasing different items has to your net wealth over time.

Week 4. Investment strategies. Any investment you take has a number of consequences and risk potential. Students will be given the tools necessary to tell what a risky investment look like. Also, when the signs point to a winning gamble, they should be ready to pull the trigger. Although it takes a good amount of courage and a little recklessness, great investments can turn a life around.

Week 5. How leveraging investments works. Getting into more advanced material, students will learn how investment portfolios use leveraging to their advantage. The tax breaks possible would be included in the discussion, giving students the ability to use the tax code to their advantage.

Final module. Coming to the end of Financial Literacy class, students would try and see the big picture. Laying out the biggest mistakes made by the young would be an excellent closing statement. Along with any cautionary tales, there would be a way to approach finances proactively. For the young, the advice given would be to work with what you have, and line up ways to increase your earnings without taking on high risks.

About the Author:

Damian Papworth acknowledges that you don't require [mutual fund investments](#). Having learned some simple strategies, you are capable of being your own [investment manager](#).

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Vision Boards -Unbiased Help

By Otis Graham

Learn How to Create Your Own Automatic Money Machine ...



The Definitive Money Engine
[CLICK HERE](#)

There is a subtle mystery to the concept of being grateful. Those who are truly successful and live lives of lasting richness understand this mystery and apply it every day. In turn, they carry with them an overflowing heart and a feeling of deep, abiding happiness.

The path of gratitude is available to everyone that takes the time to find it. But what is gratitude?

Gratitude is defined as, 'the quality or feeling of being grateful or thankful'. Perhaps though, Melodie Beattie describes it best in her words below:

'Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos into order, and confusion into clarity.... It turns problems into gifts, failures into success, the unexpected into perfect timing, and mistakes into important events. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow.'

To be truly grateful is a fundamental part of creating an amazing life. Everything in the world can begin and end with being thankful. It is a mindset that, when adopted, will keep your heart filled with happiness and your 'cup half full'. There is a cost however to being grateful and that is the cost of your time.

Making time each day to reflect on the gifts you have in your life is the fastest way to create an abundance mindset.

The trick is to find something for which you truly feel grateful and then to revisit that feeling of gratitude each day. This in turn will give you the strength and confidence you need to overcome the obstacles between you and your goals.

For example, you may have a goal to fit into a certain size of pants or dress. A typical challenge around losing weight is negative self talk. You can use gratitude to combat negative self talk by first recognizing that you have been blessed with a body that despite the extra weight, is still keeping you strong.

Your body is just waiting for you to mentally and emotionally shift into a higher level of fitness and health. When you are ready, it will respond to your new commands and transform itself into the new image you hold for it. So, when you next start playing the 'negative self talk' tape see if you can replace it

with words and feelings that reflect the deep sense of gratitude you have for your body.

As the challenges and realities of life take hold, gratitude can be a virtue to cling to in those moments of deepest sorrow. Everyone will inevitably at some time experience death, illness or divorce.

It is how we choose to handle these difficult circumstances that will determine our ability to move on through them.

Some consideration and thought concerning Law of Attraction will help you achieve some remarkable changes in a short period of time.

Take divorce for example. Approximately 50% of the population will go through a divorce. Think about someone you know of who is divorced or is considering leaving their partner.

Now think about how that person is choosing to handle the divorce. Are they angry and bitter? Are they lashing out at their spouse?

Or, have they taken the high road and are quietly going about their business, advocating for themselves without hurting anyone around them. Have they chosen to be grateful for the time they were happy? Perhaps they have discovered the ability to be grateful for the children that came from the marriage. They may be grateful for the experience of learning more about themselves and for discovering what's most important to them.

If you take the time to look deeply into something, you can usually discover one or two areas for which to be grateful. Clearly, finding gratitude isn't always easy but it is a worthwhile endeavor.

At the most basic level, you can start with listing just two or three things every day for which you are grateful. Need help getting started?

How about: 1. Being able to take a deep breath 2. Being able to see the sun rise and set 2. Being able to learn and make different choices

**Learn How to Create Your Own
Automatic Money Machine ...**



**The Definitive
Money Engine
[CLICK HERE](#)**

It takes only a moment of reflection to experience gratitude for things like the ability to hear, to touch, to give and receive hugs, a warm house, a safe home, a full stomach, pets, family and friends.

Just imagine how you'd feel if you didn't have these blessings in your life!

Even on the most difficult of days take just a few minutes to give thanks for the gifts in your life. In giving thanks you will be strengthening your sense of abundance.

This in turn will allow you to see more options for happiness and give you the awareness to make different choices.

A spirit of Gratitude is an often overlooked part of creating a life of happiness and greatness. Apply the mystery of Gratitude and you'll find it turns the everyday aspects of life into experiences of richness and joy.

About the Author:

For more information on [Goals](#), please visit StepOne today. The StepOne process takes the strengths of a traditional Law of Attraction and adds a number of high-impact improvements. The future you want to create is here!

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Read Motivational Life Quotes to Improve Your Life

By Karan Kapoor

Motivational life quotes are noteworthy thoughts of great personalities from all over the world. These quotes are designed to boost your motivation to take action towards your goals. They make you the person you always wanted to be.

It is a known fact that reading Motivational Life quotes on regular basis can significantly change your life. It helps you live happier and more fulfilling life. It can help a person be successful and look at things in a more positive way. It increases your confidence and re-energizes your body and mind to tackle problems.

Here is how reading Inspirational life quotes and applying them into your life can change your life.

1- A Motivational life quote gives you motivation to start something awesome. It gives you energy to achieve your goals. In a few words, they remind us of our goals and inspirations. This, in turn, energizes and soul and body to work hard towards our goals.

2- Motivational quotes about life is a quick and simple way to reduce depression. These quotes help you in lifting out from depression. After reading these quotes, you will start loving yourself and live life with full enthusiasm. They can give you necessary strength and energy to manage stress.

3-These Quotes helps you in get rid of the habit of procrastination which is one of the most common obstacles to the achievement of your goals. It is not an easy to break the habit of procrastination, but reading motivational life quotations can do wonders in beating this enemy of progress. You can get rid of it only by having a heavy dose of inspiring and motivating messages which motivates you take action and thus stop procrastination. And nothing can motivate you the way that Motivational Life Quotations do.

4- There are roughly endless numbers of life quotes available for you. You can choose whichever quote you like. In other words, you never run out of original, motivational life quotes that will help give you motivation and strength to succeed in life.

It wont take much work to print off some good Inspirational quotes about life on poster and hang them in the wall of your room in order to get most out of them. Our suggestion is to read them regular basis if you want to experience a stark difference in the way you think, act and behave.

About the Author:

Change your life by reading our collection of [Inspirational Motivational Quotes About Life](#) and [Inspirational Sayings](#).

[Free eBooks with MRR](#) | [Bumper PLR Pack](#) | [Your Own eBook Store](#) | [Free Affiliate Course](#)

Learn How to Create Your Own Automatic Money Machine ...



The Definitive Money Engine
[CLICK HERE](#)